

Proposal

The quick and highly effective cure and prevention of many cancers, many incurable physiological, neurological, cardiovascular, late-onset, auto-immune, degenerative and chronic diseases, influenza, many allergies and birth defects, by natural nutritional means

[an independent original report]

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References:

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Bibliographical references:

Fish & fish oil – references #5 - 184
Multiple Trace Elements – references #185 - 295
Chromium – references #296 - 369
Selenium – references #370 - 465
Vanadium – references #466 - 534
Zinc – references #535 - 563
Misc. Trace elements – references 564 - 590

Conditions addressed by the above references are, among others, ADDHAD, allergies, ALS, Alzheimer's, arthritis, atherosclerosis, diabetes, cancers (breast, colon, colorectal, head, liver, lung, neck, prostate, skin cancers), cardiovascular diseases, depression, endocrine disorders, immune functions, leukemia, liver diseases, lupus, Kashin-Beck disease, Keshan disease, male fertility, mental diseases, neuropathy, peritonitis, senility, schizophrenia, tumors, UV radiation.

[Executive Summary is next]

Executive Summary

The quick and highly effective cure and prevention of many cancers, many incurable physiological, neurological, cardiovascular, late-onset, auto-immune, degenerative and chronic diseases, influenza, many allergies and birth defects, by natural nutritional means

BACKGROUND:

- ◆ **Since 7/8** of the 4 billion year long evolution of life occurred in the seas, and only 1/8 of its span occurred on land, we have inherited an absolute dependency upon the complete range of the 72 natural trace elements, as found in the seas, in all of our daily food for our physical and mental health.
- ◆ **However**, our modern agriculture knows of and maintains only 8 trace elements in its soils and products, and hence, in practically all of our daily food. Due to this 150 year-long neglect, over 60 natural trace elements have become severely deficient or exhausted in all chemically farmed soils, and hence in our daily food.

CAUSE:

- ◆ **This massive trace element deficiency** in our daily food is the direct cause of a great number of diseases such as, but not limited to, breast, colon, prostate and lung cancers, leukemia, lupus, MS, ALS, Alzheimer's, ADD, ADHD, bi-polar, heart & cardiovascular diseases, arthritis, diabetes, edema, arteriosclerosis, osteoporosis, herpes, influenza, many allergies and birth defects.

REMEDY:

- ◆ **Just as effectively** as iodine supplementation eliminates goitre and cretinism, restoring the 72 natural trace elements in all of our daily food eliminates and prevents a wide range of diseases, as mentioned above. This is due to the over 60 neglected trace elements involved, and to the myriad vital functions many trace elements perform - as zinc does in the formation of transcription factors - in the normal function of our metabolism and immune systems.
- ◆ **Today, the only readily available food** in the industrialized nations which still contains the complete natural range of the 72 nutritional trace elements is seafood, and a daily serving of seafood cures and prevents a wide range of diseases, as mentioned above – and as it does among the Japanese. These results – usually within 100 days - can be obtained by anyone, any place, anytime.
- ◆ **However**, this is only a stop-gap remedy, and the only valid long-term solution is the restitution and maintenance of the 72 natural trace elements - which can be readily obtained from the sea - in all agricultural soils, and hence, in all of our daily food.

PROOF:

- ◆ **Living proof** is provided by the dramatically lower incidence of many cancers, neurological, cardiovascular, late-onset, degenerative and chronic diseases among over four billion people - among them the Japanese, Chinese, Singhalese, the people of India and of many other undeveloped nations. Among the latter, the major factor is the return of all life wastes, and with them the 72 trace elements, to the soil - in a perpetual cycle from soil to produce to people to soil again.

OUTCOME:

- ◆ **A massive increase** in public and personal health– and a massive reduction of health care costs.